

The Auxiliary Pulse

Summer - 2022



President's Message - Linda Wolff

Peter and I have just returned from an amazing African Safari. It was a "bucket list" item and turned out to be better than we ever expected! It was winter down there and we are now enjoying the sunny summer days here at home. Hopefully, you are enjoying our summer weather and location as well.

June 17th was our Installation and Awards Event. It was wonderful to, once again, acknowledge our new Board members and milestone hour awards in person. Joining the Board for the first time are Valerie Barros and Kate Brownie. I want to thank the Board members who will be returning and welcome Valerie and Kate. It's wonderful to work with such a great group of dedicated, positive volunteers! Congratulations to all who received their milestone pins for hours served! Total number of milestone hours presented is 100,100. Fantastic! We also were able to present the hospital with a check for \$25,000 thanks to the hard work and dedication of Carole Vance and all of the Gift Shop volunteers!



Each year for the last 4 years we have chosen a Volunteer of the Year to be recognized by the North County Philanthropy Council. Past recipients are Judy Howard-Jones, Connie Jones, Donna McConnell, and Bunny McElliott. It's time to start thinking about who you would like to nominate for this honor. The event will be live for the first time since the pandemic began and will be held on October 28, 2022. If you have someone in mind, write up a brief nomination recommendation stating why you feel that volunteer deserves to be honored in this way. All nominations should be emailed to Donna McConnell at donelmc@hotmail.com or mailed to her at 1359 Montego Court, Vista, CA 92081. The deadline for doing this will be in late September. Watch for further details.

A new directory is available for pickup in the Auxiliary office. The entries for this directory were taken from the responses on dues envelopes and life member responses. We only included people who indicated they wanted to be included. If you were not included, but would like to be, there will be another chance to respond in January and a new directory will be prepared at that time.

TB tests are now due for all volunteers who have returned. New volunteers received theirs at time of orientation. If you are due to have your TB test, you need to call Employee Health at (760) 940-7270 and set up an appointment. Walk-ins are not being taken at this time. TB tests must be up to date by the end of August.

Our Historian, Peter Fusselman, created a wonderful visual presentation of the last year and half of the Auxiliary. This was presented at the Awards Event. Since then, music and a few minor changes have been added. This is now available for all to see on YouTube and on our website. It's a great reminder of the service we perform to the hospital and the community as well as the camaraderie we share with each other.

I look forward to the coming year – opening more departments, planning some events, and serving the community with all of you!

~ Linda



Chair's Corner

By Bunny McElliott, Second Vice President

Priceless Volunteers All

Yes, even though I am retired, I always look forward to vacations. It is invigorating to do something a little different than my everyday life. I recently returned from a trip that was incredible, informative, relaxing, but also with some unexpected adventures, twists and turns. In the end, I look back and appreciate the people I shared the journey with, those who worked to make our trip fulfilling, and those who stepped in when we needed a little help to get over a bump or two.

And that is how I see our Auxiliary Volunteers. Although our visitors to TCMC may or may not be looking forward to being in our hospital for care, health service, or visiting patients, our volunteers assist to make this 'trip' a positive experience.

Volunteers help by comforting, being attentive, and encouraging the visitors. In the end, the community appreciates the time we spend in the hospital to be that helping hand. Again, our hospital Administrators and Board of Directors affirmed that value and worth at our Annual Awards and Installation of Officers gathering.

We celebrated THOUSANDS of hours of giving. How can you calculate the financial value of those hours? It can be done mathematically and we are in awe of the number. BUT, it is **immeasurable** to know the value of what a brief moment of interaction our volunteers gives to visitors, patients and the hospital! I hope you feel appreciated and valued. YOU ARE PRICELESS!

Many of our departments are now up and running. Still, many more volunteers to fill our department needs would be welcomed! Pass the word to your friends, family, and communities to check out the opportunities we provide as an Auxiliary volunteer at TCMC.

We are working on opening a few more departments that are closed, as long as Covid stays at bay. More volunteers will be vital for that to happen. Spread the word.

EDITOR'S NOTE: Your *Pulse* Editor also serves as a Patient Escort. There is not one shift that at least one person doesn't thank us for volunteering and making their time at TCMC a little easier. Thank you, Bunny, for reminding us all of the value of our efforts.



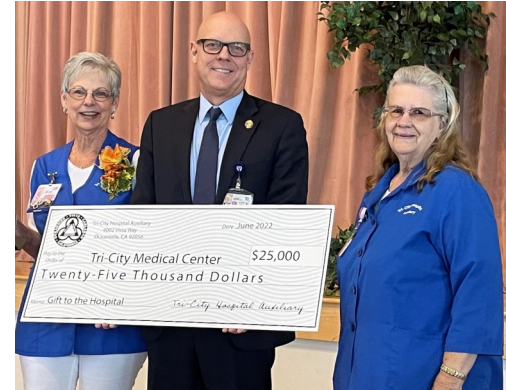
Care
Serve
Belong



2022 Officers Installed

The Auxiliary continued its return to normalcy by holding its annual Installation of Officers and Awards meeting on June 17, 2022. Due to limitations imposed by the Covid-19 regulations, the event was held at St. Thomas More Catholic Church in Oceanside.

Led by Auxiliary President Linda Wolff, members heard words of praise and recognition from Steve Dietlin, CEO of Tri-City Medical Center, and Rocky Chaves, Chair of the Tri-City Healthcare District Board. Also presented was the Auxiliary's gift of \$25,000 to the Medical Center. This gift is made possible through our Gift Shop sales.



As part of the Annual Meeting, members voted their approval of proposed By-Law changes and were provided copies of a newly revised Policies and Procedures Manual, replacing the Standing Rules.

The 2022 officers were installed by Past Presidents Mary Gleisberg and Donna McConnell. Installed were Linda Wolff, President, Liz

Brayton, First Vice President, Bunny McElliott, Second Vice President, Valerie Barros, Secretary, Roz Bussey, Treasurer and Carole Vance, Gift Shop Manager. The Board of Directors for 2022 were also introduced and will be:



Kate Brownie
Kathy Cramm
Peter Fusselman
Suzanne Knauf
Arleen McCartney

Jane Palmiotti
Dick Robertson
Chris Sheets
Michael Unverferth



Welcome

New Members

We are very happy to welcome the latest new Auxiliary members. Each new members makes us stronger and of even greater service to TCMC and our community. Welcome all!

Patient Escort
Siamak Zerehpoush
Nahid Salarazdeh

Information Desk
Gina Cram-Walters
Kulpreet Chhokar

Gift Shop
Cheryl Wieland
Sherylin Barrido

Surgery
Justin McCalpin



Department Update

Having been back for just over a year, we thought you might enjoy hearing a little about our currently open departments. Here is the inside scoop.

Hospital Gift Shop



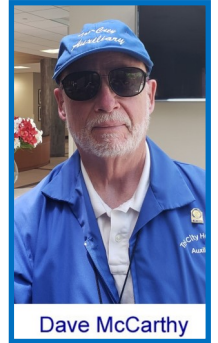
Carole Vance

The hospital employees call the Gift Shop their "Happy Place." It gives them a friendly place to get away and shop for yummy snacks and merchandise at reasonable prices. Auxiliary Volunteers also receive extra savings on most items offered. Our 23 Gift Shop volunteers go above and beyond helping serve the public and raise funds for the hospital.

Courtesy Shuttle

Often our Courtesy Shuttle is the first experience people have with Tri-City Hospital. About every passenger we pick up is very appreciative, especially in inclement weather or if they are handicapped. This was especially true during the Vaccine Clinic.

On my first day three years ago I picked up a woman who was in labor after driving to the hospital herself. I will never forget that. We currently have 12 hard working, dedicated volunteers but could use two more.



Dave McCarthy

Information Desk



Donna McConnell

The Information Desk was among the first departments to open during the pandemic, which excited everyone. We lost a few people but with the help of Orientation, were able to gain new people. We currently have 29 volunteers working two shifts per day.

Coming back was good for us and for the hospital administration and employees, who were delighted to see us again. Besides giving visitor passes, we give directions, deliver flowers, learn a new computer program, and occasionally take people to their destination in a wheelchair. We also keep various supplies on hand.

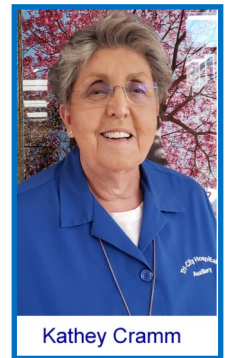
We have new visitor policies, which was a bit difficult as families were unhappy with limited visit times. This has improved, especially with the help of Security as they helped enforce the rules. All in all, the Information Desk is a busy place and helpful to all people entering Tri-City Medical Center.

Patient Escort Department

The Patient Escort Department is an interesting and fun place to work. We are the first group of Auxiliary volunteers many patients interact with when they come to Tri-City Medical Center for appointments.

We provide escort service for patients and family members who have come to the hospital for a procedure in a Department at TCMC. Our duties include the following:

- ◆ After the registration process is complete, we escort the patients to the appropriate TCMC service area.
- ◆ We locate unused wheelchairs as needed and store them in the Registration Lobby area and at the front entrance.
- ◆ We assist visitors as needed in Lobby area and hallways.



Kathey Cramm

We currently have 23 volunteers working two shifts, 8:00AM to Noon, and Noon to 4:00PM, Monday thru Friday each week. We still have openings for 3 or 4 more volunteers we hope to fill soon.



More Department Updates

Registration Department



Chris Sheets

Our department is a busy and important part of patient care at TCMC. Patients coming in for any hospital labs, x-rays, tests or procedures first stop at the Registration Center. Our Volunteers help record their names, give the information to the Registration personnel, then assist in making sure they get paperwork needed to have their tests or procedures done.

Our interaction with the patients is often among their first encounter with the hospital, so we have an opportunity to make their visit a pleasant one. One very funny conversation came from such an encounter! "While working the registration desk, our Brahms Lullaby played over the intercom. (I just love it when that happens!) I mentioned to our waiting patients that it meant a baby was just born at hospital. An elderly man who was sitting there looked up and said, "Do they play TAPS when somebody dies?"

You just never know what a conversation will bring! It is interesting and enjoyable. We are always looking for more volunteers.

Clerical Department

The clerical office is open to continue being of service to our Auxiliary. Our volunteers have been really happy to be back working in the office. Presently, the hours they are open are:

- Monday- 8:00am-1:00pm
- Tuesday, Wednesday Thursday- 8:00am-4:00pm
- Friday- 12:00pm-4:00pm

If you have a need to go to the office or need to arrange for a new volunteer, please call the office at (760) 940-3125 and schedule a specific time. We occasionally may have a shift or even a day where we might not have clerical staff available to open the office, so scheduling or calling is a must.



Sharon Hambly

Workshop Department



Dorothy Indieri and Judy Rice

Workshop meets twice a month in a small room on the lower level of the hospital. Because of space limitations, we have a group of just six volunteers.

Our group makes special gifts for the hospital patients, like holiday tray cards for patients food trays, Lovey Dolls that serve as "bonding blankies" between parents and newborns in the NICU, Christmas stockings for newborns, and stuffed toys for ER. We even make a special stocking for the first baby born at Tri-City Hospital each year.

We feel we help create an image of caring and kindness that is the persona of TCMC! We presently have all the volunteers we can accommodate for now!

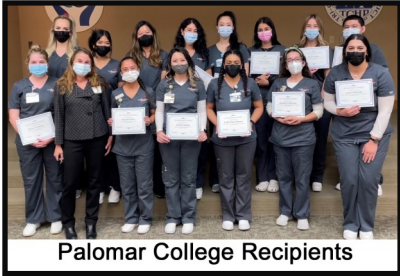
EDITOR'S NOTE: Thank you everyone for all you do to make Tri-City Medical Center an enjoyable and worthwhile place to volunteer.



TCMC Auxiliary Scholarship Awards

By Bunny McElliott, Scholarship Committee Chair

Since 1973, our Auxiliary has awarded scholarships to deserving nursing and medical students from our community. The first scholarship of \$100 went to a Licensed Vocational Nursing student and since then \$1,238,650 has been delivered by this important program – a remarkable feat.



Palomar College Recipients

At the 49th Annual Scholarship Awards Night on April 21, 2022, sixty-three scholarships of up to \$1,000 each were provided to outstanding students from California State University San Marcos, Mira Costa College, and Palomar College, as well as one of our own Auxiliary Volunteers studying for a medical career.

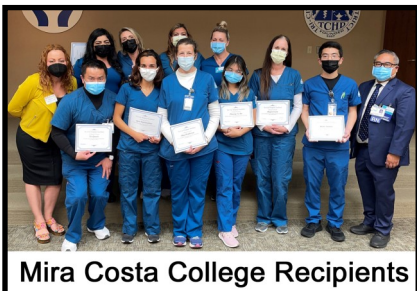


Chair Bunny McElliott and CEO Steve Dietlin

These awards are possible thanks to the planning of our Scholarship Committee and the financial gifts of our many generous donors. Over 20 groups and individuals were donors this year. These included many individual Auxilians, our Auxiliary Board of Directors, individual donors from the community, TCMC administration and staff, Tri-City Healthcare District Board of Directors, individual physicians, physician groups, and local retirement communities. Thanks to this generosity we were able to fund \$56,500 in scholarships this year alone.



California State University San Marcos Recipients



Mira Costa College Recipients

The Scholarship Awards Night is always special with many of the scholarships presented by the actual donors. The college representatives were very helpful, and presentations were made by Steve Dietlin, TCMC CEO, Rocky Chavez, Chair of the Tri-City Healthcare Board, and several Auxiliary officers and Board members.

Much planning is required to make this happen and our committee members have worked diligently throughout the years to make this evening possible. Many hours were dedicated both to planning the event and selecting the recipients. It was a powerful night of community and giving thanks in large part to the dedication of the Scholarship Committee members.

Finally, a big THANK YOU to Auxilian, Connie Jones, who retired as Scholarship Chairperson earlier this year. She deserves much credit for her dedication through the years to grow this event and to leave a community building, professional and thorough process for future Scholarship Nights to follow. We look forward to continued success and many more productive, appreciated, and beautiful evenings. Thanks, Connie!



Auxilian Chandler Law with Connie and David Jones



Service Awards 2022

With our return to service, Auxilians are once again accumulating hours and being recognized for their service. At the recent Annual Meeting and Installation, Auxilians exceeding recognized hours of service were presented pins honoring their service. Listed below are those Auxilians with over 500 hours of service.

500 Hours

Catherine S. Brownie
Joan E. Hendrick
Pamela M. McCormick
Nancy C. Ogomori
Charles R. Shinnfield
Judith A. Wangerin
Chris Wellenstein
Carolyn S. Wysong
Sandra J. Youngdale

1,000 Hours

Kathleen A. Cramm
Paula Foster
Peter G. Fusselman
John C. Haddock
Patricia F. Lautenbach
William L. Lautenbach

2,000 Hours

James Hurst

2,500 Hours

Janice Hart
Linda A. Wolff

3,000 Hours

Bernadette A. McElliott
Norma Morocco-Aguilera
Mary Sulek

3,500 Hours

Rosalind N. Bussey
Diane Coleman
Jacquelin Russell

5,000 Hours

G. Michael Unverferth

5,500 Hours

Kathleen A. Ahlfors
Jane Palmiotti
Carole D. Vance

6,500 Hours

Jeff Marks

7,000 Hours

Connie L. Jones
Lynn Paine

8,000 Hours

Donald Dupuis

11,500 Hours

Donna McConnell



Combined, Donna McConnell and Don Dupris served nearly 20,000 hours.

Auxilians reaching that all important first step of 100 hours were presented their pins by their department Chair. We are pleased to recognize and honor these individuals.

Ricardo Alvarez-Malo
Valerie M. Barros
Bonnie B. Biggs
Allyson Bihag

Lilly M. Crouch
Wynn E. DeThomas
Mary A. Foy
Julianne Garon

Jasdeep Kaur
Chandler G. Law
Simon Q. Nguyen
Destiny J. Ramirez

Carl E. Toft
Joyce L. Toft
Daryl T. Wasano
Kathleen M. York



Keeping it Light

Readers Digest used to have a column called, *Humor is the Best Medicine*. We can't confirm that prescription, but thought our readers might like a smile. Sorry for all the puns.

- ◆ A friend of mine made so many rash decisions that he became a dermatologist.
- ◆ Why did the doctor laugh at the X-ray of an arm? He found it humerus.
- ◆ I asked a surgeon if he could give me something for my liver. He gave me half a pound of onions.

- ◆ A fellow woke up this morning coughing badly. We think he may have pneumonoultramicroscopicsilicovolcanoconiosis, but it's hard to say.

- ◆ The Infectious Diseases ward of my local hospital has great Wi-Fi because of all the hot spots.





Department Spotlight



Surgery/Preoperative Department

By Jane Palmiotti, Chair

The surgery department has fifteen mission-orientated volunteers who are dedicated to the department's success in helping nurses and staff with essential tasks, such as cleaning gurneys, filling blanket warmers, transporting patients by wheelchair to their cars or families' vehicles, and also giving comfort to the patient and their family.



While volunteering in this department, the hospital staff are always friendly, cheerful, positive, and make you feel that you are part of a team. We always feel welcomed.

As the chairperson of the department, we are in need a more volunteers to fill shifts and to expand our service to the department. Please consider joining us. You will not be disappointed with your choice.



Remembering Birthdays



BIRTHDAYS! - Yes, we all have them and hopefully they are filled with lots of good cheer and fun times. Since our last *Pulse* newsletter a few of our fellow Auxilians have celebrated their festive day. Happy Birthday to all!

April

Bonnie B. Biggs
Bernadine Fendrick
Joan Kluis
Donna McConnell
Marjorie Mitchell
April Nguyen
Diana A. Onofre Bolanos
Lynn Paine
Esther M. San Nicolas
Kaylien M. Santiago-Badillo

May

Mason R. Benitz
Nelly A. Carespe
Ellen Cavagnaro
Laurie K. Dare
Wynn E. DeThomas
Donald Dupuis
Kimberly A. Eskes
Marilyn R. Ferri
Kimberly L. Gross
Stan Kukawka
William L. Lautenbach
Anthony Marella
Ben Novak
Dianthe Richmond
Richard Robertson
Wanda Shibata

June

Alan C. Bartlett
Elizabeth A. Brayton
Diane Coleman
Bridget R. Doyle
Deborah A. Goldberg
Janice Hart
Joan E. Hendrick
Connie L. Jones
Nancy Kukawka
Cheryl McGrady
Paul S. McKibben, Jr.
Joseph Quince
Tara Razi
Carol S. Saunders
Jieun E. Seo

2021-22 Historian Report

Be sure you check out the Historian's Report now on YouTube. Visit our Auxiliary website at www.tricityhospitalauxiliary.org, then go to the "Publicity" page the click on "Tri-City Hospital Auxiliary Historian's Report 2021-22." Be sure you have your sound on. Enjoy!

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