
TRI-CITY HOSPITAL AUXILIARY

Fall 2025

The Auxiliary Pulse



President's Message-An excerpt from my Annual Year Report

I recently found a quote from Mother Teresa, which speaks to me and what we do as Auxiliary. "Wash the plate not because it is dirty, nor because you are told to wash it, but because you love the person who will use it next." I realize that is what we do as volunteers especially in this TCMC family community. The quote highlights the idea that selfless service stems from love rather than obligation or necessity. Washing a plate, or a wheelchair, or cleaning charts, seemingly mundane tasks, become an act of kindness when performed with the intention of caring for another person. It suggests that even the smallest of actions can have a profound impact when motivated by love and consideration of others. You do that in this hospital, in this Auxiliary. So...,THANK YOU! To every volunteer who has staffed a gift shop,, To every volunteer who made comfort toys or tray card messages, To every volunteer who shuttled family to their car, To every volunteer who has answered the phone,, For every volunteer who invited new people to join us, THANK YOU!

For every volunteer who found patient room numbers and directed visitors to them,
For every volunteer who escorted patients to departments,
For every volunteer who explained registration processes,
For every volunteer who cleaned gurneys, wheelchairs or prepared patient charts,
For every volunteer who helped family through ICU,
For every volunteer who chatted with patients and handed out reading glasses, thank you.
For every volunteer who presented orientations or helped in recruiting new members, who soothed anxiety like only a therapy dog can do-Thank you.
To every volunteer who has worked hand in hand with hospital staff,
To every volunteer who has held the hand of a patient or family in need, thank you.
To every volunteer who wheeled someone to a room or a car, thank you.
To every volunteer who managed office details to keep our volunteers compliant and up to date, thank you.



BUNNY MCELLIOTT

To every volunteer — whichever role you have filled, thank you for the profound impact you are making here in our TCMC family.

**I say BRING ON
2025-2026 !
-Bunny-**

**WE LOVE
OUR VOLUNTEERS**



SAVE THE DATE!

Meet with Dr. Ma, CEO of TCMC, as he shares with our Auxiliary all about the partnership of TCMC with SHARP Healthcare and other TCMC happenings! Tuesday, Sept. 23, 2:00 pm Assembly Room 2 & 3. RSVP by Sept. 15 at Auxiliary Office, 760-940-3125. Bring a guest!

2024-2025 Auxiliary Unsung Hero Awards

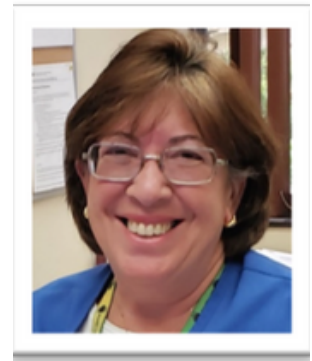
Congratulations to the Tri-City Hospital Auxiliary 2025 Unsung Heroes. Three Auxilians were awarded trophies and recognitions for their contributions to the Auxiliary. We are grateful for their dedication and service to TCMC!



RoseMarie Castellano has 27 years of Auxiliary work at TCMC. She spends much of her time as chairperson of the ICU department, helping visitors and family navigate the ICU while their loved ones receive this special care. She also serves on the Auxiliary Scholarship committee with all the preparations, donor liaisons, and distribution of scholarships. She is blessed with a unique resource that she graciously shares to bring joy and beauty to our hospital—flowers from her family business, Mellano and Co. Her flowers decorate the Information desk, renewed weekly!



Riley Shinnfield has volunteered at TCMC for 10 years in the Courtesy Shuttle department. Besides kindly and carefully offering rides to patients and visitors to the hospital entrances, Riley has helped maintain the shuttles, often on his dime. He tunes, lubes, pumps and changes tires, batteries, and cleans and repairs shuttle needs. He loves dogs, if a dog is with you on the ride, it might take a little longer to get to the door!



Valerie Barros is seen in our Auxiliary Clerical office as well as out in the public. She has played a pivotal role in organizing outdated processes and procedures, ensuring greater efficiency and effectiveness in the Auxiliary's operations. Beyond her clerical duties, Valerie has spent countless hours in community outreach programs to build our organization. Her work in the community brings positive hospital recognition in our cities, plus invites more volunteers into our Auxiliary.



FLU SHOT TIME!

Starting Sept. 1, Flu shots are available in EHS. It is mandatory to do this shot annually. If you chose to get it done outside of TCMC, you must bring to EHS thorough documentation from your provider.

MEET THE 2025-26 AUXILIARY BOARD OF DIRECTORS



President
Bunny McElliott



1st Vice President
Liz Brayton



2nd Vice President
Kathey Cramm



Recording Secretary
Valerie Barros



Treasurer
Mary Foy



Ways and Means
Dick Robertson



Gift Shop Manager
Carol Vance



Operations/Orientation
Michael Unverferth



Events
Sharon Hambly



Events
Dave McCarthy



Parliamentarian
Jane Roche



Scholarship
Nancy Russian

As we start the new fiscal year for our Auxiliary, please welcome the incoming Auxiliary Board members. Our officers include President Bunny McElliott, 1st Vice President Liz Brayton, 2nd Vice President Kathey Cramm, Recording Secretary Valerie Barros, and Treasurer Mary Foy. Returning members include Carole Vance, Gift Shop; Dick Robertson, Ways and Means; Sharon Hambly, Events; Dave McCarthy, Events, and Nancy Russian, Scholarship. New this year, and very welcomed is Jane Roach, Parliamentarian.

The board of directors in our nonprofit organization is essential for governance, strategic oversight, and ensuring the organization fulfills its mission while adhering to legal and ethical standards. Monthly meetings are held the 3rd Wednesdays of each month.

The Gift That Keeps On Giving

Members of the Tri-City Hospital Auxiliary serve the hospital and patients in many departments, providing thousands of hours of support in amazing and wonderful ways. The gifts of time, talent, and caring concern make the Auxiliary a valuable hospital asset. We bring more than is measurable to many departments throughout TCMC. Our volunteers serve in these departments, providing thousands of hours of support for the hospital and the patients it serves. Among the many areas of service, we also provide and coordinate thousands of dollars in scholarships to nursing students. We staff the Gift Shop and generate funds for gifts to the hospital.

All the work and support we provide can continue beyond our time on duty. We can donate to scholarships, annual gifts, and assorted supplies for our departments. As you review your annual RMD (Required Minimum Distribution), please consider donating to our Non-Profit Auxiliary and its services.

We also can provide a living legacy to serve the Auxiliary, future volunteers, and scholarship recipients by remembering to include the Tri-City Hospital Auxiliary in our wills and trusts. These postmortem gifts can be named endowments or directed to a particular area of interest. As you look to the future, please consider a gift to the Auxiliary which, in life, you have served so well. Email for information: BAMcelliot@tcmc.com or call Auxiliary Office: 760-940-3125.

OTHER WAYS TO GIVE...

Supplies needed::

We always can use the donations of supplies to help run our departments. Here is a list of items we need. Auxiliary Non-Profit Tax ID # 95-6055533

Colored pencils (given to patients). Amazon: "960Pcs/160 Sets Mini Colored Pencils 3.5 Inches Portable Short Fat Color Pencils Mini Drawing Colored Pencils Pre-sharpened Color Pencils Short Colouring"

Reading glasses to give to patients(new glasses only!) (Dollar Tree @\$1.50 ea) Sizes 2.5-3.75)

Page protectors- plastic, 3 hole, packs of 50 or more

Ball point pens: (Amazon) "BIC Round Stic Xtra Life Ballpoint Pen 60-Count in Black Ink" @\$7.

Auxiliary Volunteers RALLY TO RECRUIT!



If you know someone who might like to be part of our Auxiliary, have them email: **Orientation@tcmc.com**. Ask them to include their name, address, phone number!

THEY'RE BACK! YIPPEE!

Have you noticed the good-looking younger volunteers working in our departments? In March, our Auxiliary was able to bring back 44 **HIGH SCHOOL STUDENTS** to volunteer. It was a huge effort after a 5-year absence, but what a wonderful opportunity for our students, Auxiliary and hospital. Between the coordination of our Auxiliary High School Chair person, Susan Knapp, and the collaboration with TCMC hospital managers and staff, this feat was successfully launched. Presently all available High School positions are filled, which is exciting. We will slowly increase our High School volunteers as positions become available. Please welcome these students as you see them volunteering throughout the hospital!



Tri-City Hospital Auxiliary

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